

POSSESSION OF MY SELF

LUCY RALPH | CATE PASQUARELLI | LIA DEFRANCO

April 25-27 2019

Opening Reception: Thursday, April 25 6-9pm

"Possession of My Self," curated by Noah Becker, brings together three artists exploring the intricacies and innerworkings of the body and mind through the word "possession" and its many meanings.

With increasing access to a wealth of information about our own minds' wiring, it is inevitable that we might want to look inwards to try to understand how we are each configured. This intense and immersive process of self-reflection causes the artist to become obsessed with and consumed by introspection; where loud and repetitive thoughts captivate their bodies and dominate their minds.

To be self-possessed, however, implies self-reliance and the outward portrayal of composure: a necessary image to convey in this modern, fast-paced environment where competition and external pressures can become internally corrosive. The mind and the body can be spoken about separately, but the self is the combination of the two working as one. As obsessive self-analysts, composure of the self is what we frantically strive to achieve. The desperate grasp for a self-sustaining body and an independent mind are just one result of this fixation.

Curator - Noah Becker

Noah Becker is an artist, writer, and publisher, and the founder and editor-in-chief of Whitehot Magazine of Contemporary Art. He is also a contributing writer for Art in America Magazine, Canadian Art Magazine, and the Huffington Post. Noah works out of his studio in Brooklyn, New York and exhibits internationally.

Background on the Artists:

Lucy Ralph is a London and Paris based artist with a degree from Central Saint Martins and is currently studying at the Cooper Union as part of her masters programme at Les Beaux-Arts de Paris. Lucy has exhibited at Galerie Du Crous, Paris, Stour Space and 5th Base Gallery, London and the Pitt Rivers Museum, Oxford.

Cate Pasquarelli was born and raised in New York City and currently attends the Cooper Union where she studies painting and printmaking. Last fall Cate attended the Slade School of Art in London. She continues to exhibit work in New York including a two-person exhibition at the home of Agnes Gund.

Lia Defranco, also New York based, graduates this year from Hamilton College with a degree in painting. She has also exhibited work in Glasgow, Scotland while studying for a semester at the Glasgow School of Art.

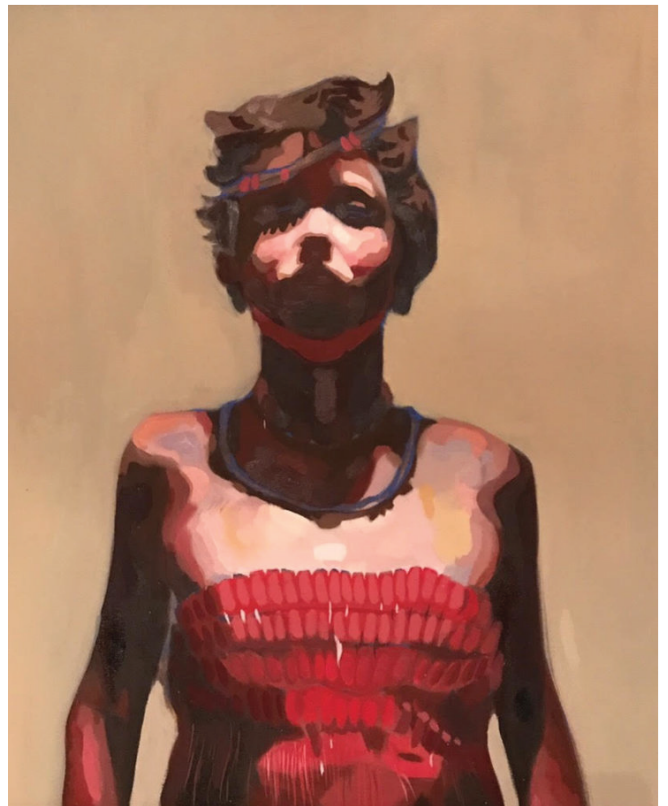
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Lucy Ralph, *Silent Waters*, 72" x 56", 2019



Cate Pasquarelli, *Twins*, 42" x 56", 2019



Lia DeFranco, *Swedish Fish*, 24" x 36", 2016